



Tea Tree Oil for Warts



"Tea tree oil is well known for its strong smell and its antimicrobial properties. Often used in alter native medicine, tea tree oil has the power to kill bacteria and viruses. Tea tree oil may be an effective treatment for warts, which are caused by more than 100 different strains of the human papilloma virus (HPV)."

[FULL ARTICLE](#)

JOIN OUR 30 DAY HEALTH CHALLENGE



RSVP
to reach your ideal health goals

70% of your immune system exists in your gut

Choose from 2 Zoom Times
August 23 OR August 31, 2022

7:00PM EDT
Call 706.869.5565
Must Pre-Register
to learn about our 30 day health challenge starting in September





10 Benefits Of Coconut Water

#1: Aids Digestion

Coconut water is a very good source of fiber, which is well known for its ability to aid digestion.

#2: Hydrates

Coconut water is a good source of potassium and is also low in sodium.

#3: Good For Diabetics

The good news for diabetics, though, is that coconut water is low in sugar.

#4: Controls Vomiting

Drinking coconut water can help to control vomiting. This can give people a chance to absorb some nutrition and liquids.

#5: Essential Minerals

Coconut water contains magnesium, calcium, potassium, sodium and phosphorous. These are all essential minerals that we will struggle without.

#6: Helps Reduce Blood Pressure

Keeping your blood healthy pressure largely involves living a healthy lifestyle. This includes eating a healthy diet, and coconut water can be very helpful to this end.

#7: Aids Weight Loss

Coconut contains no cholesterol and contains only natural sugars. These both help to keep your weight down, particularly when compared to many of the alternatives available.

#8: Emergency Blood Replenishment

In very urgent cases, coconut water can be administered intravenously to help rehydrate a patient when they have lost too much blood.

#9: Hangover Remedy

Hangovers occur largely due to dehydration, and coconut water contains electrolytes that can help rehydrate you again.

#10: Energizing

Coconut water is full of electrolytes, and these help our body to generate energy. This can help keep us going even when we are beginning to struggle.



[FULL ARTICLE](#)

